| Position | Bib | Team | Leg 1 | | Name | Leg 2 | | Name | Leg 3 | | Name |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **1** | **169** | North Shields Poly | 5:04 | (1) | Zac Brannan | 10:35 | (1) | Olly Hayes | 16:05 | (1) | Elijah Fahey |
| **2** | **153** | Houghton Harriers | 5:11 | (2) | Tom Pigford | 10:58 | (3) | Ryan King | 16:13 | (2) | Harry Beston |
| **3** | **145** | Durham City Harriers | 5:40 | (11) | Harry Clish | 11:20 | (5) | William Cook | 16:44 | (3) | William Jardine |
| **4** | **168** | North Shields Poly | 5:28 | (5) | Harry Furness | 11:20 | (4) | Reuben Elsworth | 17:00 | (4) | Leo Burbridge |
| **5** | **136** | Gateshead Harriers | 6:00 | (16) | Bailey McDonald Crook | 11:21 | (6) | Harry Hunter | 17:05 | (5) | Alfie Cook |
| **6** | **170** | Sunderland Harriers | 5:16 | (4) | Henry Squires | 10:48 | (2) | Joe Willis | 17:10 | (6) | Connor Walls |
| **7** | **152** | Wallsend Harriers | 5:12 | (3) | Luke Pickler | 11:40 | (9) | Zach Stobbs | 17:14 | (7) | Hugh Fenwick |
| **8** | **156** | Crook AC | 5:39 | (9) | Owen Flockton | 11:21 | (7) | Harrison Stokes | 17:30 | (8) | Kian Domville |
| **9** | **179** | Birtley AC | 6:37 | (20) | Connor Hall | 12:06 | (13) | Bradley Thwaites | 17:33 | (9) | Callum Chambers |
| **10** | **138** | Chester le Street | 5:54 | (14) | Owen Barron | 11:45 | (10) | Dylan Keugh | 17:38 | (10) | Luke Foster |
| **11** | **147** | Tyne Bridge Harriers | 5:29 | (6) | Harry Snaith | 11:27 | (8) | Joe Eggett | 17:48 | (11) | William Adams |
| **12** | **175** | Gosforth Harriers | 6:20 | (18) | Callum Dalkin | 12:02 | (12) | Edward Watson | 17:54 | (12) | Callum Akhtar |
| **13** | **139** | Chester le Street | 5:43 | (12) | Ellis Ward | 11:59 | (11) | William Logan | 18:22 | (13) | Marcus Wright |
| **14** | **176** | Birtley AC | 5:31 | (8) | Matthew Drummond | 12:14 | (14) | Callum Bailey | 18:23 | (14) | Gabriel Curtis |
| **15** | **154** | Houghton Harriers | 5:51 | (13) | Joshua Brown | 12:43 | (16) | Arron Scott | 18:53 | (15) | Gabriel Hardy |
| **16** | **163** | South Shields Harrier | 5:54 | (15) | Alexander Weston | 13:12 | (18) | Hayden Yorston | 19:02 | (16) | Jay Stephenson |
| **17** | **171** | Sunderland Harriers | 6:05 | (17) | Jacob Waterson | 12:55 | (17) | Alfie Watson | 19:06 | (17) | James Doran |
| **18** | **166** | Derwentside AC | 5:31 | (7) | Noah Williamson | 13:37 | (19) | Oscar Marshall | 20:34 | (18) | Oscar Bartar |
| **19** | **142** | Blyth AC | 7:10 | (21) | Thomas Wurmwell | 14:32 | (20) | Jack Wurmwell | 21:13 | (19) | Lyndon Johnson |
| | | | | | | | | | | | |
| | **Composite teams** | | | | | | | | | | |
| | **143** | Blyth AC | 6:27 | (19) | Oscar Pichler | 12:41 | (15) | Matthew O'Donnel | 23:08 | (20) | Christopher Njai |
| | | | | | | | | | | | |
| | **incomplete teams** | | | | | | | | | | |
| | **148** | Tyne Bridge Harriers | 5:40 | (10) | Will Simmons | | | | | | |

| Position | Bib | Team | Leg 1 | | Name | Leg 2 | | Name | Leg 3 | | Name |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **1** | **167** | Derwentside AC | 5:24 | (1) | Isla Wilkie | 11:13 | (1) | Emily McVittie | 16:38 | (1) | Isla Fishwick |
| **2** | **161** | Elswick Harriers | 5:48 | (4) | Charlotte Naughtor | 11:54 | (5) | Erin Blight | 17:24 | (2) | Grace Leiper |
| **3** | **177** | Birtley AC | 5:54 | (7) | Daisy Graham | 11:44 | (2) | Hannah Wilson | 17:26 | (3) | Maggie Wilson |
| **4** | **155** | Houghton Harriers | 5:47 | (3) | Emily Powell | 11:49 | (4) | Jessica Greggs | 17:37 | (4) | Milly Wilkinson |
| **5** | **140** | Chester le Street | 6:00 | (10) | Maya Smith | 12:16 | (8) | Darcy Lines | 17:53 | (5) | Amelia Jones |
| **6** | **162** | Elswick Harriers | 5:32 | (2) | Poppy Wild | 11:55 | (6) | Zoey Fielding | 18:21 | (7) | Louisa Hamilton |
| **7** | **141** | Chester le Street | 6:10 | (14) | Taylor Jett Miller | 12:29 | (9) | Lucy Buckle | 18:23 | (8) | Faye Haynes |
| **8** | **165** | South Shields Harriers | 5:52 | (6) | Darcy Tulis | 12:59 | (12) | Trudie Johnson | 18:52 | (9) | Amy Stewart |
| **9** | **146** | Durham City Harriers | 6:27 | (15) | Grace Carter | 13:05 | (13) | Isabelle Maddison | 19:06 | (10) | Alex Jardine |
| **10** | **172** | Sunderland Harriers | 5:57 | (9) | Layla Owens | 12:05 | (7) | Rose Squires | 19:17 | (11) | Lexie Archer |
| **11** | **164** | South Shields Harriers | 6:39 | (17) | n/k | 12:45 | (11) | n/k | 19:33 | (12) | n/k |
| **12** | **150** | Tyne Bridge Harriers | 6:27 | (16) | Sydney Bungay | 13:45 | (15) | Olivia Clark | 20:12 | (13) | Ruby Calver |
| **13** | **149** | Tyne Bridge Harriers | 6:45 | (18) | Cara Bungay | 13:25 | (14) | Florence Snaith | 20:25 | (14) | Poppy Colver |
| **14** | **144** | Blyth AC | 6:08 | (12) | Niamh Adams | 14:18 | (17) | Rebecca Allan | 20:28 | (15) | Sadie Parker |
| **15** | **178** | Birtley AC | 6:00 | (11) | Nell Graham | 16:27 | (20) | Lilly Bailey | 20:37 | (16) | Kitty Graham |
| **16** | **173** | Sunderland Harriers | 8:04 | (22) | Ruby Corbett | 14:33 | (19) | Mia Hamilton | 21:45 | (17) | Evie Bowen |
| **17** | **137** | Gateshead Harriers | 7:38 | (20) | Holly Asquith | 14:31 | (18) | Skye Milburn | 25:00 | (19) | Grace Gordon |
| | | | | | | | | | | | |
| | **Composite teams** | | | | | | | | | | |
| | **181** | Low Fell / Elswick | 6:09 | (13) | Bailey Shaw | 11:47 | (3) | Noah Scott | 18:13 | (6) | Olivia Wind |
| | **180** | Birtley AC | 6:32 | (17) | Finlay Gray | 13:57 | (16) | Macy Bagura | 22:25 | (18) | Libby Day |
| | | | | | | | | | | | |
| | **Incomplete teams** | | | | | | | | | | |
| | **158** | Crook AC | 5:50 | (5) | Iris Welsh | 12:34 | (10) | Erin Thompson | | | |
| | **182** | Blyth AC | 5:54 | (8) | Ruby Farrell | | | | | | |
| | **174** | Sunderland Harriers | 7:08 | (19) | Eva Hubbard | | | | | | |
| | **151** | Tyne Bridge Harriers | 7:47 | (21) | Laura Whitman | | | | | | |

| Position | Bib | Team | Leg 1 | | Name | Leg 2 | | Name | Leg 3 | | Name |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **1** | **229** | Gateshead Harriers | 6:08 | (7) | Oliver Ezeoke | 12:31 | (5) | Ben Asquith | 18:03 | (1) | Theo Barron |
| **2** | **257** | Birtley AC | 5:57 | (4) | George Beevers | 12:06 | (2) | Jago Newby | 18:11 | (2) | Jordy Armstrong |
| **3** | **237** | Crook AC | 5:53 | (3) | Ethan Stokes | 12:14 | (3) | Ethan Welsh | 18:23 | (3) | Evan Domville |
| **4** | **243** | South Shields Harrier | 5:58 | (5) | Daniel Waugh | 12:32 | (6) | Benjamin Weston | 18:42 | (4) | Harry Ayre |
| **5** | **240** | Elswick Harriers | 6:02 | (6) | William Butterworth | 12:29 | (4) | Charles Mason | 18:53 | (5) | Jake Robertson |
| **6** | **230** | Gateshead Harriers | 6:21 | (10) | Sonny Lewins | 12:59 | (8) | Lewis Harmieson | 19:14 | (6) | William Wells |
| **7** | **255** | Gosforth Harriers | 5:42 | (2) | Ethan Bond | 11:31 | (1) | Silas Christie | 19:32 | (8) | Rob Boddy |
| **8** | **249** | Blackhill Bounders | 6:19 | (9) | Alex Sugden | 13:26 | (9) | Sam Emery | 19:42 | (9) | William Gordon |
| **9** | **236** | Houghton Harriers | 6:32 | (11) | Carl Charlton | 12:54 | (7) | Ben Davidson | 19:51 | (10) | Thomas Nicholson |
| **10** | **244** | South Shields Harrier | 6:17 | (8) | Matthew Burton | 13:57 | (10) | Daniel Burton | 20:55 | (11) | Jamie Ayre |
| | **Composite team** | | | | | | | | | | |
| | **252** | Sunderland Harriers | 5:28 | (1) | Dillon Revell | 12:32 | (7) | Jack Jarvis | 19:17 | (7) | Aoife Bell |
| | **259** | Birtley AC | 6:42 | (12) | Thomas Francis | 15:30 | (11) | Fynn Errington | 22:49 | (12) | Leticia Fallon |
| | **incomplete teams** | | | | | | | | | | |

| Position | Bib | Team | Leg 1 | | Name | Leg 2 | | Name | Leg 3 | | Name |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **1** | **258** | Birtley AC | 5:40 | (1) | Katie Francis | 12:23 | (2) | Mia Openshaw | 18:24 | (1) | Abigail Thwaites |
| **2** | **241** | Elswick Harriers | 6:01 | (2) | Abi Leiper | 12:11 | (1) | Zara Naughton | 18:25 | (2) | Caitlin Flanagan |
| **3** | **250** | Blackhill Bounders | 6:09 | (3) | Hannah Bowyer | 12:42 | (3) | Maddie Mitchell | 19:25 | (4) | Molly Anderson |
| **4** | **233** | Chester le Street | 6:25 | (4) | Freja Clarkson | 13:35 | (5) | Fern Bell | 19:56 | (5) | Ella Jones |
| **5** | **231** | Gateshead Harriers | 6:55 | (6) | Freja Bell | 13:33 | (4) | Jessica Ord | 20:00 | (6) | Anja Crowder |
| **6** | **247** | Derwentside AC | 7:11 | (10) | Lilly Cassidy | 14:16 | (8) | Lucy Pither | 21:03 | (7) | Emily Williamson |
| **7** | **242** | Elswick Harriers | 6:57 | (7) | Bella Russell | 13:59 | (6) | Ellie Winter | 21:04 | (8) | Lucy Milburn |
| **8** | **239** | Crook AC | 7:07 | (9) | Megan Hauxwell | 14:24 | (10) | Emilie Clark | 21:46 | (9) | Leah Aldworth |
| **9** | **235** | Tyne Bridge Harrier | 6:45 | (5) | Imogen Bungay | 14:19 | (9) | Eve Tovey | 22:27 | (10) | Amber Maynard |
| **10** | **248** | Derwentside AC | 7:18 | (11) | Emma McMahon | 16:17 | (12) | Cerys Ridley | 23:46 | (12) | Rebecca Hart |
| **11** | **234** | Tyne Bridge Harrier | 7:03 | (8) | Anna Dorman | 14:06 | (7) | Amelia Short | 23:46 | (13) | Hannah Meares |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | **Composite team** | | | | | | | | | | |
| | **251** | Blackhill Bounders | 7:20 | (12) | Joanna Hughes | 15:11 | (11) | Rosie Anderson | 23:33 | (11) | Elizabeth Sugden |
| | | | | | | | | | | | |
| | **incomplete teams** | | | | | | | | | | |
| | **254** | Sunderland Harriers | 8:12 | (13) | Jessica Wilson | 17:57 | (13) | Eva Watson | | | |
| | **256** | Gosforth Harriers | DNF | | Faye Landless | 12:00 | | Alice Lewis | 18:37 | | Carrie Pickering |

| Position | Bib | Team | Leg 1 | | Name | Leg 2 | | Name | Leg 3 | | Name |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **1** | **327** | Gosforth Harriers | 10:06 | (2) | Ted Ramsey | 20:04 | (1) | Wesley Croom | 30:13 | (1) | Luis White |
| **2** | **324** | Sunderland Harriers | 10:25 | (3) | Robert Dunlop | 20:18 | (2) | Josh Davis | 30:38 | (2) | Cameron Lawton |
| **3** | **332** | Birtley AC | 9:33 | (1) | Lewis McConnell | 20:26 | (3) | Robbie Mumford | 31:46 | (3) | Sean Wilson |
| **4** | **328** | Gosforth Harriers | 10:47 | (5) | Jack Anderson | 22:24 | (5) | Joseph Rickerby | 32:34 | (4) | Joseph Anderson |
| **5** | **323** | South Shields Harrier | 10:43 | (4) | Guy Johnson | 21:42 | (4) | Ryan Stewart | 33:36 | (5) | Max Tyrie |
| **6** | **335** | Elswick Harriers | 11:11 | (6) | Jack Naughton | 23:39 | (6) | Connor Shaw | 36:23 | (6) | Will Richards |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | **incomplete teams** | | | | | | | | | | |
| | **325** | Sunderland Harriers | 11:32 | (7) | Rhys Clark | | | | | | |
| | **333** | Birtley AC | 11:38 | (8) | Lewis Best | 26:08 | (7) | Grace Squires | | | |

| Position | Bib | Team | Leg 1 | | Name | Leg 2 | | Name | Leg 3 | | Name |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **1** | **330** | Birtley AC | 10:51 | (3) | Scarlett Newby | 21:53 | (1) | Hannah Short | 32:39 | (1) | Tess Graham |
| **2** | **322** | Elswick | 10:28 | (1) | Suzy Fielding | 22:38 | (4) | Charley Lee | 33:46 | (2) | Hannah Tumia |
| **3** | **321** | Houghton Harriers | 10:55 | (4) | Eva Hardie | 22:24 | (2) | Lara Greggs | 34:56 | (3) | Lily Hardie |
| **4** | **329** | Gosforth Harriers | 10:50 | (2) | Amy Ellis | 22:30 | (3) | Carys Perves | 35:28 | (4) | Georgia Anderson |
| **5** | **331** | Birtley AC | 11:38 | (5) | Chloe Fairclough | 25:05 | (6) | Grace Curtis | 36:59 | (5) | Amy Drummond |
| **6** | **319** | Chester Le Street | 12:11 | (7) | Eve Whitley | 26:01 | (7) | Abbie Anderson | 38:03 | (6) | Lauren Jones |
| **7** | **326** | Sunderland Harrier | 11:50 | (6) | Evie Compson | 24:20 | (5) | Lydia Stoker | 38:19 | (7) | Freya Doren |
| **8** | **334** | Crook AC | 12:27 | (8) | Beth Iveson | 28:37 | (8) | Olivia King | 41:58 | (8) | Megan Hauxwell |