

Points Totals	
Hartlepool AC	215
Darlington H & AC	116
North Shields Poly	112
Blyth RC	65
Sunderland Harriers & A	67
Jarrow & Hebburn AC	54
Chester le Street AC	30
Houghton Harriers & AC	40
Gateshead Harriers & AC	28
Phoenix Flyers AC	18

U11 4 x 100m

Heat 1

Darlington H & AC	1:01.64
Gateshead H & AC	1:04.46
Chester le Street AC	1:05.61
Houghton H & AC	1:05.66
Phoenix Flyers AC	1:06.75
Hartlepool AC	1:10.35
Blyth RC	1:10.35
North Shields Poly	1:12.21

Heat 2

Chester le Street AC	1:04.15
Gateshead H & AC	1:08.33
Darlington H & AC	1:09.09
Hartlepool AC	1:09.97
Houghton H & AC	1:13.25
Phoenix Flyers AC	1:15.14

Heat 3

Hartlepool AC	1:01.99
Hartlepool AC 2	1:06.09
Darlington H & AC	1:07.38
Gateshead H & AC	1:11.09
Darlington H & AC 2	1:13.80

#### U13G 4 x 100m Race 1

Heat 1		
Hartlepool AC	56.02	15
Blyth RC	1:00.83	9
Houghton AC	1:01.06	6
Gateshead AC	1:01.62	4
Darlington AC	1:03.00	3

Heat 2		
Hartlepool AC	1:00.73	12
Chester le Street AC	1:00.87	7
North Shields Poly	1:01.23	5
Jarrow & Hebburn AC	1:04.13	2
Darlington H & AC	1:05.78	1

#### U13G 4 x 100m Race 2

Heat 1		
Hartlepool AC 2	56.09	15
North Shields Poly	1:01.40	9
Blyth RC	1:01.95	6
Darlington H & AC	1:03.57	4
Jarrow & Hebburn AC	1:04.29	3

Heat 2		
Hartlepool AC	1:00.57	12
Chester le Street AC	1:01.44	7
Houghton H & AC	1:02.12	5
Gateshead H & AC	1:05.01	2
Darlington H & AC	1:05.54	1

#### U13B 4 x 100m Races 1&2

Race 1		
Hartlepool AC 2	58.23	15
Hartlepool AC	1:01.42	12
North Shields Poly	1:02.92	9
Jarrow & Hebburn AC	1:04.81	7
Sunderland H & AC	1:06.67	6

Race 2		
Hartlepool AC 2	59.50	15
Hartlepool AC	1:02.01	12
North Shields Poly *	1:04.25	*
Jarrow & Hebburn AC	1:06.01	9

\* Combined team

#### U15G 4 x 100m

Heat 1		
Blyth RC	51.00	15
North Shields Poly	54.29	*
Hartlepool AC	56.79	5
Sunderland H & AC	59.73	4
Houghton H & AC	1:01.26	3

Heat 2		
Darlington H & AC	55.00	12

#### U15B 4 x 100m

Sunderland H & AC	48.75	15
North Shields Poly	50.63	12
Hartlepool AC	51.84	9
Blyth RC *	56.17	*
Jarrow & Hebburn AC	56.84	7
Darlington	57.80	6
Sunderland H & AC 2	58.40	5

\* Combined team

Chester le Street AC	58.17	9
Hartlepool AC	59.14	7
Jarrow & Hebburn AC	59.23	6

\* All female team

U17 4 x 100m		
Darlington H & AC 2	50.71	15
Houghton H & AC	53.89	12
Phoenix Flyers AC	54.38	9
Hartlepool AC	54.99	7
Darlington H & AC 2	55.07	6
Hartlepool AC 2	57.37	5
Houghton H & AC 2	59.56	4

Senior Women 4 x 100m		
Hartlepool AC	52.60	15
North Shields Poly	53.91	12
Darlington H & AC	54.74	9
Blyth RC	58.96	7
Jarrow & Hebburn AC 2	1:02.09	6
Jarrow & Hebburn AC	1:02.99	5
Sunderland H & AC	1:06.00	4

Senior Men 4 x 100m		
Sunderland H & AC	46.60	15
North Shields Poly	47.46	12
Darlington H & AC	48.53	9
Hartlepool AC	48.68	7
Darlington H & AC	52.05	6
Blyth RC	53.82	5
North Shields Poly	55.63	4

U15 Combined 4 x 200m (2M, 2F)		
Heat 1		
North Shields Poly	1:48.98	15
Blyth RC	1:49.08	12
Hartlepool AC	1:51.09	9
Sunderland H & AC	1:59.91	3
Jarrow & Hebburn AC	2:00.82	2

Darlington H & AC	2:04.36	
Heat 2		
North Shields Poly	1:52.94	7
Blyth RC	1:54.98	6
Sunderland H & AC	1:55.97	5
Hartlepool AC	1:57.54	4
Darlington H & AC	2:03.31	1
Houghton H & AC *	2:11.23	*

\* All female team

U17 Combined 4 x 200m (2M, 2F)		
North Shields Poly	1:48.92	15
Darlington H & AC	1:52.58	12
Phoenix Flyers AC	1:55.20	9
Houghton H & AC	1:56.71	7
Darlington 2	1:59.37	6
Hartlepool AC	1:59.51	5
Hartlepool AC 2	2:06.03	4
Houghton H & AC	2:09.90	3

Senior Combined 4 x 200m (2M, 2F)		
Heat 1		
Hartlepool AC	1:42.95	15
North Shields Poly	1:46.41	12
Sunderland H & AC	1:49.85	9
Blyth RC	1:51.16	5
Darlington H & AC	1:51.92	4
Jarrow & Hebburn AC	1:55.88	2
Heat 2		
Chester le Street AC	1:50.08	7

Darlington H & AC	1:50.98	6
Hartlepool AC	1:53.19	3
Sunderland H & AC	2:07.29	1
Blyth RC	2:10.55	
Jarrow & Hebburn AC	2:15.18	

Senior 4 x 400m		
Gateshead AC	3:32.69	15
North Shields Poly *	3:54.73	*
Hartlepool AC	4:07.79	12
Darlington H & AC 2	4:18.63	9
Chester le Street AC *	4:22.83	*
Gateshead AC 2	4:28.19	7
Darlington H & AC	4:31.32	6
Jarrow & Hebburn AC	5:07.72	5

\* Combined teams